



FLEX Day Choice Card

LIFE Prep School Grade 4

Students and Families: Enjoy your Flexible Learning Day! Your goal is to choose one activity under each category while you are not at school today. Teachers and specialists will check email during 11am and 12 pm during the school day to answer questions and provide guidance. Below is your child's teacher contact information. Your Choice Card activities will be discussed in class within three days of the Flex Learning Day.

Student's Name _____

Literacy	Math	Science/Social Studies	Movement	Creative Thinking
Read for 30 minutes and write a summary of what you read.	Write 8 story problems. 2 for each operation (addition, subtraction, multiplication, and division)	Collect snow or put an ice cube in a bag a	Help shovel the driveway or sidewalk	Find a youtube drawing tutorial related to a personal interest. Follow along to complete a drawing
Write about your day. What did you do and how do you feel?	If you had \$1000 to spend	Write about what people in the past would do on days like today.	Create a dance routine to your favorite song	Write a song. Include the lyrics and the melody.
Write a letter persuading a person from Florida to move to Minnesota during the winter.	Practice math facts	With adult supervision, cook or bake something using a recipe.	Play outside	Find a household item with a cartoon character (cereal box, toy, clothing, etc.) Draw the character. Add color that does NOT match the character to change the overall mood of the work
Look outside. Write 5 sentences about what you see. Be sure to use lots of adjectives in each sentence.	Find a handful of coins and sort them in piles. Count the coins to find the total.	Use items in your house to make something new. Draw a picture of it using labels.	Clean your room, organize your closet, and dresser drawers.	Use of engineering skills to build a structure with lego blocks, etc. Give your structure a name and a purpose. Take a picture or sketch it.
Write a play. Remember to include characters, setting, a problem, and a solution.	IXL-Choose something to do in Math category for 20 minutes.	Go outside every hour and measure how much snow has fallen. Be sure to include the unit of measurement (cm, in, hands, etc)	Do: 100 Jumping jacks 20 push ups 20 sit ups stretch	Make 3 different paper airplanes. Measure which one goes the farthest. How far did it go?

Please reflect upon your Choice Card activities and share one highlight from your Flexible Learning Day.

Contact Information

Ms. Madison	madison.wiederhoeft@ lifeprepschool.org	Fourth Grade	Life Prep
-------------	--	--------------	-----------

